



Monash Aquatic and Recreation Centre

MARC-abilities

Innovative support for people with a disability

Attendant Support Initiative (ASI) Program - Aqua



Aqua – attendant support assisted sessions include:

- Mobility / Transfers
- Personal Care
- Support in Water
- Entry / Exit into centres pools
- Specialised Equipment
- Accessible change rooms on pool deck

**Cost \$25.00
per hour**



monash
aquatic and
recreation
centre

**For all bookings & information please contact
Kristina Mitsikas or Andrew Jeffrey**
Telephone: (03) 9265 4888
**Email: kristinam@monash.vic.gov.au
andrewj@monash.vic.gov.au**



Proudly supported by

STATE TRUSTEES



Monash Aquatic and Recreation Centre

MARC-abilities

Innovative support for people with a disability

Attendant Support Initiative (ASI) Program - Health & Fitness



Health & Fitness – attendant support assisted sessions include:

- Mobility / transfers
- Support during sessions
- Modifying equipment
- Personal care
- Gym / Group Ex & Personal Training Sessions

**Cost: \$33.00 - Gymnasium or
Group Exercise Session
\$45.00 - Personal Training**



monash
aquatic and
recreation
centre

**For all bookings & information please contact
Kristina Mitsikas or Andrew Jeffrey
Telephone: (03) 9265 4888
Email: kristinam@monash.vic.gov.au
andrewj@monash.vic.gov.au**



Proudly supported by

